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Samer Abueid

Assistant-Professor

About

Samer Abueid is an Assistant-Professor in the Sports Science faculty at the Arab American University of Palestine where he has been a faculty member since 2014. He is the Head of Sports Science Department from 2016-2017. Samer completed his PhD at Jordan University and his undergraduate studies at Al Yarmuk University. His research interests lie in the area of Kinesiology and Biomechanics, ranging from theory to design to implementation. He has collaborated actively with researchers in several other disciplines of Allied Health science, particularly Physiotherapy on problems at the Musculoskeletal Biomechanical Gait Evaluation (The effects of unilateral backpack carriage on gait biomechanics and back pain in Puberty), also, Nursing on problems at the profession related Hazards (the effect of Blood Flow Restriction). Samer is the instructor for courses: Clinical-Kinesiology, Performance-Kinesiology and Mechanics, Biomechanics, Musculoskeletal Anatomy, Exercise Physiology on undergraduate topics.

Samer enjoyed hiking and bicycling, watching soccer leagues and listening to music. Now he usually manages to read one book a month.

For additional information see:

<https://portal.aaup.edu/faces/ui/pages/staff/updateStaffInfo/index.xhtml?javax.faces.Token=1594241606471>

OBJECTIVE

To excel in academia, providing the best quality service, and demonstrate the competence that satisfies the interest of the working place.

EXPERIENCE

Palestine - Jeneen

February 2014 - Present

Assistant-Professor

Arab American University

Head of Sports Science Department 2016 —2017.

Member of the College Council 2014 - Present.

Jordan - Jabal Amman

August 2013

January 2014

Physical and Health Education IB- MYP Teacher

The Ahliyyah School For Girls

Jordan - Al Zarqaa

February 2011

January 2014

Lecturer

The Hashemite University

Lecturer Subjects: (Kinesiology - Biomechanics lab, Fitness Improvement and Conditioning – Managing and Training of Athletics).

EDUCATION

Jordan-Amman 2015

PhD

Jordan University

- Standing Excellent

- Thesis Title: *Locomotor Mechanical Efficiency With The Perspective of Dynamic Walking Approach Principle.*

Jordan –Irbid 2010

MSc - Sports Science

Al Yarmouk University

- Standing Excellent

- Thesis Title: *Biomechanical Evaluation of Aging Gait.*

Jordan –Irbid - 1992

BSC

Al Yarmouk University

- Standing Excellent

SKILLS

- Sight of self-core values, and looking forward to improve
- Able to learn quickly and adaptability
- Strong productivity, dependability and attention to details.

LANGUAGES

- **English**
- Advanced

SPECIALIZATION & PROFESSIONALISM

- Investigate objectively the musculoskeletal health related movement characteristics (based on gait, posture and balance assessment) under standardized laboratory conditions*
- Design locomotor training programs to improve levels of independence and quality of life through personalized fitness and wellness programs based on slow motion analysis.
- Investigate the underlying mechanism of age related mobility changes.

* Experience in using advanced motion analysis software (Ariel Performance Analysis System APAS, and BTS Bioengineering - BTS GAITLAB Analysis System). Able to set up a lab with required tools, equipment's and software at the facility location base on the available area

AWARDS

- Jordan's championship for the years of 1990-1992 (Track & field 110 hurdles)
- Jordan's universities championship for the year of 1989-1992 (Track & field 110 & 400 hurdles)
- Jordan's youth championship for the years of 1989-1991 (Track & field 110, 400 hurdles and High Jump)
- Member of JAAF national team 1989-1992



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